

UCUES 2014 Student Response Summary Reports: Time Allocation

Time spent in a typical week (7 days) on the following activities

	0 hours		1-5 hours		6-10 hours		11-15 hours		16-20 hours		21-25 hours		26-30 hours		More than 30 hours		Total	
	#	%	#	%	#	%	#	%	#	%	#	%	#	%	#	%	#	%
Attend classes, discussion sections, or labs	232	0.4%	3921	6.4%	10933	18.0%	19710	32.4%	15921	26.1%	5762	9.5%	2234	3.7%	2193	3.6%	60906	100%
Study and other academic activities outside of class	495	0.8%	9552	15.8%	16842	27.8%	13251	21.9%	9385	15.5%	4958	8.2%	2748	4.5%	3392	5.6%	60623	100%
Attending movies, concerts, sports or other entertainment events	12719	21.0%	33745	55.8%	7984	13.2%	3072	5.1%	1530	2.5%	683	1.1%	314	0.5%	389	0.6%	60436	100%
Performing community service or volunteer activities	26729	44.1%	22328	36.9%	6036	10.0%	2613	4.3%	1435	2.4%	670	1.1%	343	0.6%	410	0.7%	60564	100%
Participating in physical exercise, recreational sports, or physically active hobbies	8423	13.9%	29289	48.2%	13511	22.2%	5004	8.2%	2249	3.7%	1074	1.8%	498	0.8%	689	1.1%	60737	100%
Participating in spiritual or religious activities	40662	66.8%	13916	22.9%	2982	4.9%	1397	2.3%	895	1.5%	413	0.7%	245	0.4%	378	0.6%	60888	100%
Participating in student clubs or organizations	22094	36.3%	21792	35.8%	8798	14.5%	3865	6.4%	2098	3.5%	920	1.5%	451	0.7%	770	1.3%	60788	100%
Socializing with friends	1958	3.2%	21876	36.0%	18373	30.2%	9252	15.2%	4529	7.4%	1884	3.1%	895	1.5%	2048	3.4%	60815	100%
Partying	29211	48.1%	22133	36.4%	5404	8.9%	1985	3.3%	990	1.6%	505	0.8%	231	0.4%	327	0.5%	60786	100%
Spending time with family	26054	43.0%	19633	32.4%	6519	10.8%	3222	5.3%	1957	3.2%	992	1.6%	556	0.9%	1627	2.7%	60560	100%
Using computer/tablet/smart phone for non-academic purposes and entertainment	1256	2.1%	15807	26.0%	16075	26.4%	10509	17.3%	6694	11.0%	3473	5.7%	1850	3.0%	5119	8.4%	60783	100%
Watching TV, streaming movies/TV on computer or tablet	8153	13.4%	23785	39.2%	13931	23.0%	6830	11.3%	3629	6.0%	1814	3.0%	896	1.5%	1660	2.7%	60698	100%
Commuting to school and/or to work	17451	28.7%	29597	48.7%	7951	13.1%	2848	4.7%	1320	2.2%	646	1.1%	338	0.6%	592	1.0%	60743	100%

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Average number of hours slept per night on weeknights

	4 or less		5 hours		6 hours		7 hours		8 hours		9 or more hours		Total	
	#	%	#	%	#	%	#	%	#	%	#	%	#	%
During this academic year, what was the average number of hours per night you slept on weeknights?	1979	3.3%	8196	13.5%	18817	31.1%	19713	32.6%	9946	16.4%	1852	3.1%	60503	100%